

# Real Appeal

July 2008 Summer Edition!

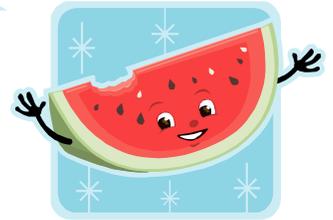
## Sunny's Coolest Ways to Enjoy the Summer

Hey this is Sunny Days! (Like my sunglasses? You'd better 'cuz they weren't cheap!) Here is my list of the coolest ways to enjoy the Summer!

1. Go to the pool
2. Have a water balloon fight
3. Run through the sprinkler
4. Eat watermelon, strawberries, cantaloupe or honeydew (they have a lot of water in them)
5. Get out the Slip 'N Slide!
6. Host a beach party
7. Have some Extreme Water Games! (games for this can be found below)
8. Wash the dog or the car
9. Play Drip, Drip Soak! (listed in Extreme Water Games)
10. Create your own water-based theme park!



Could you tell everything dealt with water? My personal favorite is number four with all the food, ya know?



Da-na-na-na! Thus, we discover the watermelon Sunny Days. Have a good one everyone!

## Extreme Water Games

Face it, your bored, it's hot, the pool's closed, now what? Time for some Extreme Water Games! On the next few columns (or next few pages...) there are lots of fun games to try! But make sure you have some friends along!

### Water Balloon Toss

You'll need:

Lots of water balloons carefully stored in a cooler

An even number of people (2, 4, 6, 8, the bigger the better!)

How to play:

How easy! Toss the water

balloon back and forth to your partner without breaking it. Whoever misses it gets soaked! Award the two champs a watery treat (listed on page two)

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## Extreme Water Games (cont.)

### Water Balloon Relay

You'll need:

Duh! Water Balloons!

Enough players to divide into two or three teams

How to play:

Place various team members around your yard. Give the water balloon to the first runners, and when you say go, have them run to the next team members, pass the balloon to them without dropping it along the way, and have them run to the next person and the next until you find a team of winners! Award them with a watery treat!

### Drip, Drip, Soak!

You'll need:

4-20 people

A bucket

Lots of Water

How to play:

Basically this is Duck, Duck, Goose except for saying "duck" you say "drip" and "goose!" is "soak!" As you say drip, drip a little water from the bucket onto the player's head. When you say "Soak!" pour all or most of the water left in the bucket, run around the circle and claim your spot!

### Line of Trust

You'll need:

Yes, more water balloons

Enough players to split into teams of 5-10 players each

How to play:

Have the players of each team line up, keeping a distance a distance of 6-8 feet from each other. Give water balloons to the first people in line and when you say go, have them toss it to the next person, and the next, etc. But, if someone breaks the balloon, you have to start all over again! The catch: The other team, at this time can now throw their water balloon at the team who dropped it and receive another from the point they threw it at. If a team makes it to the end of the line, see who can take it from the end of the line to the start without dropping it! Reward the fastest team with some watery treats!

### Extreme Water Challenge

You'll need:

Plenty of obstacles

Two non-breakable glasses

A large barrel, bucket, or tank of water

Two empty, large containers of the same size

How to play:

Separate the players into two teams. Have the first people in line take one of the glasses (make sure these are the same size, also) Have them run to the barrel and grab some water in the glass (they may not put their hand over the glass to prevent spilling). Now, have them go through the obstacles and get the water left in their cup into the teams bowl. The first bowl that overflows is the winner! Award everyone that played a watery treat then for doing great work!

Our Sample course:

We ran to the bucket, zig-zagged through trees, climbed under the soccer net, and poured the water in, and gave it to the next peeps on our team. When the bowls were about halfway full, the supervisors had us do crazy things, like skip down to get the water, and pour our first glass of water on our heads and then get another glass of water, and they even had us do the course backwards (Go under the net first, zigzag through the trees, then get the water and head back). So remember, you can add your own personal twists!

Have Your  
Own Extreme  
Water  
Tournament  
and see which  
team conquers!

## Watery Treats

You'll need:

Many flavors of Jell-O

Fresh fruit

Small glasses

Directions:

Make the Jell-O mix as directed. Pour the cooled Jell-O into small glasses and chill in the fridge. Put chopped pieces of fruit on the top. Don't forget to add the spoon so you can at least eat it!