

Visit The Site!

Go to
www.realappealworld.weebly.com to
find Real Appeal's webpage! Visit of-
ten, updates are nearly every day!



Happy Thanksgiving!



From All Of Us At Real Appeal!

This Month...

Sunny Counts His Blessings!

**It's A Miracle on
Page 2**

Real Appeal

► Thanksgiving
Edition

- Ellie's Guide to Everything Page 3
- Hanna's Health Page 4
- Contest Page 6
- Haiku Contest Page 7

November 2007

▶ Thanksgiving Edition

Sunny Days's Page

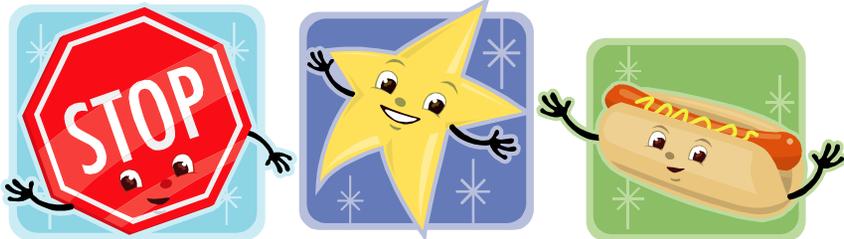


This month I have to do something I have never done before! I'm counting my blessings! They are listed near the bottom of the page. Hey here's the SunnyCode: Just Kidding! I'm not making it that easy on you!

1. My family
2. Real Appeal
3. My school (Not! Not! Not!)
4. My Best Friend Ranelle
5. Ranelle's best friend Chelsea

That's all I can think of! There has to be more, just has to be! I could list Real Appeal again...nah.

Oh, I found more pictures of myself. Again.



My goodness...what next a donut?

Anyway here is my new e-mail address:

realappeal@hotmail.com

Actually that's the magazine's, but you can still mail me. Real Appeal also has it's own site! It is www.realappealworld.weebly.com . BE SURE TO VISIT!!!!

Real Appeal

Haiku Contest



Hello. It's Nieta.

I am here to tell you about another contest that I have made up for Real Appeal! It's a Haiku contest. You may wonder, what the heck is Haiku?

Well, the answer to that my friend is it is a type of Japanese poetry. Let's see an example up here.

"The Wind"

A Glorious Gift

Provides Life for Everyone

No End to the Wind

The pattern goes like this; first line, 5 syllables; second line, 7 syllables; third line, 5 syllables.

MOST Haiku is about nature, but in this contest it can be about whatever you want. You must have (on a separate sheet of paper) your name, the title of your poem, and the poem, correctly capitalizing everything (except small, unimportant words such as "the" used in the middle of the line), and **MAKING SURE THAT THE SYLLABLES FIT!!!**

Please have as much fun as possible with this, and oh yeah, here's the SunnyCode: Just Kidding! Sunny would **never** forgive me if I did that. Yeah, *never* forgive me. Sure.

On a separate sheet of paper,

Name:

SunnyCode:

Your Haiku: (In the same format as above)

► Thanksgiving Edition

Contest

This month's contest...

WHAT DO YOU THINK IS THE SONG OF THE YEAR?

That's right, think of all of the songs you know, and choose the one that should be the song of the year. I (Ranelle) personally pick "Have A Nice Day" by Bon Jovi. Anyway, what you have to do is simply fill out the form below.

Name(s):

SunnyCode:

What YOU think should be the song of the year:

Oh, one last thing. You can involve group work in this! Round up a couple of your friends and all vote together! ANYONE can enter in this competition to see what the song of the year will be!!! If you put your name down, one vote is cast. If you put your group's names down (Lets just say Sunny, Niota, and Jason) three votes are cast for the first round of elimination. The song with the least amount of votes first is disqualified. If there is a tie (of one person), BOTH SONGS WILL BE ELIMINATED. We will go around to everyone until there are only two left. That is the final round, in which **EVERYONE IN THE WHOLE WORLD CAN VOTE!!! (Not really, I'm just exaggerating)** Let's just say there were two songs, Song #1 and Song #2. Song #1 gets 1179 votes, and Song #2 gets 1247 (I doubt you can find that many people). Song #2 wins! Again, every round is just a process of elimination. **CAST YOUR VOTE TODAY BECAUSE THE CLOCK IS TICKING FAST!!! ALL ENTRIES HAVE TO BE IN BY DECEMBER 1!!!**

Real Appeal

Ellie's Guide to Everything

Subject: Maintaining Friendships

Dear Ellie,

My friends treat me like they don't care about me anymore! I used to have a tight group a friends that always stuck around me, but they don't treat me like I'm "good for them" anymore. HELP!!!

Signed,

Ditched

Dear Ditched,

Ooh, you do have a problem... I think that maybe that you should get some new friends... or try to. When I first moved here, I tried SOO hard to be popular, and I ended up with a lot of stress on me, and that affected my grades and my life. Just be yourself and you will get the best of friends. Trust me, they will come!

Your Friend,

Ellie

What Should You be Listening To?

The Way I Are: Timbaland



► Thanksgiving Edition

Dinner is Served!

On today's menu: Healthy Snack Alternatives

Hungry? Eat these instead of candy or other junk food!

1. Granola Bars. Some are good, some are bad. Make sure you get the good, low fat, low carbohydrate ones.
2. Yogurt. No, not the fatty Go-Gurt, the nice, healthy, plain kind. If you don't like it plain, try eating another snack listed here.
3. Nuts. Eat peanuts, granola, I mean all kinds of nuts are good for you and high in protein.
4. Fruits. They are not your favorite thing to eat, I'm pretty sure, but you can spruce them up with a LITTLE BIT of sugar.
5. Popcorn. It's not really bad for you if you get the low-fat, NO BUTTER kind. Don't add any salt!

That's all for now,

Chef Sarah

P.S. Stay healthy!



Real Appeal

Hanna's Health

Wow! Is it chilly outside or what!? Here are some tips to keep you warm (and away from having a cold!).

1. Have a coat to keep you warm.
2. Have a pair (or two) of gloves to keep your hands warm.
3. Have a nice, fuzzy hat to keep your ears warm.
4. WINTER IS COMING! WEAR LONG SLEEVES!
5. Stay away from the doctors office. Try to, at least.

Don't get sick!

Also, another good idea, take a vitamin every day to help boost your immune system, or try some other medicine or health drink to boost your immune system. Get a flu shot (even if you HATE shots) so you don't get the kind of flu that kills you. Hope this has been helpful!

Hanna



Sunny: I've got my hat on!
What!? This is my graduation cap!!!